





Motivation During Assessments

Value x Expectancy of Success = Motivation A student's motivation on any given task is a product of both how much the student values the task (or rewards that accompany success) **and** how much s/he expects to be successful! Consider the following ideas and tips to increase motivation as we approach testing season.

- Provide frequent practice opportunities to ensure students experience **a high rate of success** on most tasks.
- Rally the enthusiasm and energy of students by addressing long term goals and celebrating success as a class.
- Communicate your confidence with an encouraging note and/or positive phone call home.
- Discuss study strategies with students (# of minutes per day to study, good night's sleep, etc.).
- Prompt students to make real world applications and connections (how this experience will help their future goals).
- Because high-stakes situations may prompt student anxiety and misbehavior, be prepared to frontload positive expectations and "follow-through" with consistent procedures.

