

*Secondary
Edition!*



CHAMPS

Classroom Management

Tip of the Week

Emotional Responses to Misbehavior

Maintaining our composure in the face of adversity (or when students push our buttons) is an extremely important strategy for success! According to Dr. Sprick, exhibiting an emotional response (such as anger, irritation, or impatience) is a reaction that should be used very sparingly- not more than twice per year with any group of students.

The reason you should avoid emotional responses to misbehavior is because you may be dealing with a student who is seeking power through their misbehavior. Your negative response may be very reinforcing to the student.

(See CHAMPS, Ch. 3, p. 125).

If teachers overuse the emotional response strategy, it will lose any power it may have had. An emotional reaction will impact students *only* if they rarely see it. "If students are used to seeing their teacher get angry repeatedly, they are more likely to think, 'There she goes, again!'"

Remember, misbehavior is entertaining!

Remain STOIC!

